Dear LHS family,

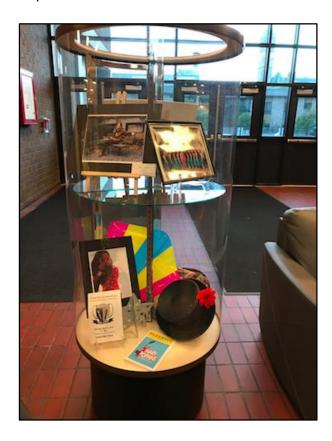
Our "real" fall weather has finally arrived - I hope everyone is ready and excited to pull out their sweaters, jackets and hats! Today was a beautiful day for everything fall! Now about those Red Sox and Patriots, fingers crossed!

We held a successful Parent/Teacher Open House last week with the help of our AFJROTC students who welcomed and directed approximately 600 parents and students as they arrived at different entry points to the school. AFJROTC students were also on hand to help on Thursday night at the College Fair. It was a very informative evening where many students and parents were able to gather a large amount of information in one place. Thank you to Karyn Cassidy and her team for an awesome LHS night!

Our Open House greeters in the Main Lobby!



Main Lobby display cases were carefully prepared for Open House night, thanks to the Fine Arts Department!





# College Fair Night!



We are also grateful for our National Honor Society students who helped at the Red Cross Blood Drive held recently at LHS.

### **SHOUT OUT!**

Emily Steinberg and her team hosted the Science League meet on Thursday. There were eighteen area high schools in attendance (despite the heavy rain which created some bus delays). They look like they were having a great time sharing and learning together!



Introducing the **Class of 2019**! Our Seniors really know how to take a fun picture with all their carefully planned outfits!



#### **DID YOU KNOW?**

We are starting a pilot LHS Unified Basketball Team this year! Our goal is to begin with a group of at least 8-16 student "athletes" and "partners". Unified Teams are supported through Special Olympics and is spreading rapidly across the country and specifically the Merrimack Valley. The last high school I was at had a Unified Basketball and Unified Track Team and they were the pride and joy of our school - I can't wait for this to come to fruition at LHS. It truly started here from the persistence of two students who came to see me last Spring who thought it was time we had a more inclusive environment for all students especially students with disabilities. They were relentless in their pursuit of this goal, and I am thankful for their passion and commitment to see this through!

The season will be short, running about six weeks into mid-November. Please contact Shonii DiFrancesco, Allyson Carbone, or David Lezenski with the names of any students interested in participating as "athletes" or "partners" (helpers/support for the athletes). We hope to start practices this week after the coach is hired and our first game will most likely be next week. I will keep you up-to-date on their progress and will let you know when the first game is. This is a joint undertaking with SPED and Athletics. Our interested athletes are very excited about participating in a school team for the first time!

I'm sharing an excellent article I read today just published by Jessica Lander, "Secondary Traumatic Stress for Educators: Understanding and Mitigating the Effects". I hope you have time to read it as this is applicable to all educators. Our work can be difficult and sometimes overwhelming as we try to attend to each student in front of us. Secondary traumatic stress is real and something educators are dealing with more and more.

https://www.kqed.org/mindshift/52281/secondary-traumatic-stress-for-educators-understanding-and-mitigating-the-effects

## **TEACHPOINT REMINDER:**

All educators need to complete their self-assessment, and goal setting plans in TeachPoint by 10/31!

#### **LOOK AHEAD**

Date	Day	Description	Time	Location
10/15	Mon	Senior Night Boys Soccer	7:00pm	Cawley
10/16	Tues	National Honor Society Induction	6:30 pm	Aud
10/17	Wed	PINK OUT Volleyball	Fr: 4:00pm Varsity 5:30pm	
10/19	Fri	HOMECOMING! Senior Night for Band, Cheer and Football	6:45pm	Cawley
10/20	Sat	2nd Annual Latino Parents Conference on Education	8-2pm	LT
10/25	Thurs	Distinguished Alumni Event	12:30pm	Aud
10/26	Fri	SchoolHouse Breakfast brought to you by the Main Office plus many more	Teacher's Cafe	7:15-7:45am
10/27	Sat	MIE Study Session for AP Science students		
11/8- 11/15	Thurs- Thurs	MCAS ELA and Math Retests		(Thurs, Fri, Tues, Weds, Thurs)

Have a purposeful week everyone!

Marianne

Marianne E. Busteed Head of School Lowell High School

